

# Warm-ups for Aural and Composition Training in Band and Orchestra

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Repeat with major, minor, modes, whole-tone, etc.  
Repeat starting on different pitches (the 12 chromatic notes)

♩ = 240

*Play the scale as written.*

♩ = 120

*Make up new rhythm patterns to apply to the scale.*

♩ = 240

*Start on the first note up an octave and invert the scale.  
(Play descending first (when previously ascending))*

♩ = 120

*Play the scale but create a melodic pattern for each note. Invert the pattern to descend.*

17

*Play the scale but create a melodic pattern for each note. Invert the pattern to descend.*

21

*Play the scale but create a melodic pattern for each note. Invert the pattern to descend.  
(Not notated)*

♩ = 240

*Play the scale but create a melodic pattern for each note. Change next to last note to leading tone.*

33

*Invert the pattern to descend.*

41

*Play the exercise as written. Break out of pattern at leading tone.*

45

*Play the scale but create a melodic pattern for each note. Invert the pattern to descend.*

53

*Play the scale but create a melodic pattern for each note. Invert the pattern to descend.*

61

*Play the scale but create a melodic pattern for each note. Invert the pattern to descend.*

2  
69 *Play the scale but repeat a note between each scale degree. Warm-ups*

A musical staff in treble clef containing a scale of eighth notes. The notes are: C4, D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. There are accents (>) above the notes G4, A4, B4, and C5. There are also accents (>) below the notes C4, D4, E4, F4, G4, A4, B4, and C5. The notes G4, A4, B4, and C5 are repeated between each scale degree.

*Replace each low note with a triplet (same, then, same, lower, same)*

77 *Repeat modally*

A musical staff in treble clef containing a scale of eighth notes: C4, D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. There are accents (>) above the notes G4, A4, B4, and C5. There are also accents (>) below the notes C4, D4, E4, F4, G4, A4, B4, and C5.

85 *Repeat modally*

A musical staff in treble clef containing a scale of eighth notes: C4, D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. There are accents (>) above the notes G4, A4, B4, and C5. There are also accents (>) below the notes C4, D4, E4, F4, G4, A4, B4, and C5.

93 *Repeat modally*

A musical staff in treble clef containing a scale of eighth notes: C4, D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. There are accents (>) above the notes G4, A4, B4, and C5. There are also accents (>) below the notes C4, D4, E4, F4, G4, A4, B4, and C5.

101 *Repeat modally*

A musical staff in treble clef containing a scale of eighth notes: C4, D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. There are accents (>) above the notes G4, A4, B4, and C5. There are also accents (>) below the notes C4, D4, E4, F4, G4, A4, B4, and C5.

109 *Repeat modally*

A musical staff in treble clef containing a scale of eighth notes: C4, D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. There are accents (>) above the notes G4, A4, B4, and C5. There are also accents (>) below the notes C4, D4, E4, F4, G4, A4, B4, and C5.

117 *Repeat modally*

A musical staff in treble clef containing a scale of eighth notes: C4, D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. There are accents (>) above the notes G4, A4, B4, and C5. There are also accents (>) below the notes C4, D4, E4, F4, G4, A4, B4, and C5.

125 *Repeat modally*

A musical staff in treble clef containing a scale of eighth notes: C4, D4, E4, F4, G4, A4, B4, C5, B4, A4, G4, F4, E4, D4, C4. There are accents (>) above the notes G4, A4, B4, and C5. There are also accents (>) below the notes C4, D4, E4, F4, G4, A4, B4, and C5.

Warm-ups

♩ = 240  
133 *Play the scale as written.*

141

149 ♩ = 120

153

157

161

165

169 ♩ = 240

177

185 ♩ = 120

193

4

♩ = 240

Warm-ups

201 *Play the scale as written.*



209



♩ = 120

217 *Repeat replacing each half note with chromatics between every whole step and quarters on each half step.*



225



♩ = 240

233 *Play this previous exercise as written.*



♩ = 120

241 *Repeat with chromatics between every whole step.*



249



257



265



Play these arpeggios as written.

Warm-ups

$\text{♩} = 240$

F/C

C

G/B

C

273

Play these arpeggios as written.

C

F/C

C

G7/B

C

278

Play these arpeggios as written.

C

F/C

C

G/B

C

283

Repeat modally

Dm

G/D

Dm

Am/C

Dm

288

Repeat modally

Em

Am/E

Em

Dm

Em

293

Repeat modally

F

B dim/F

F

C/E

F

298

Repeat modally

G

C/G

G

Dm/F

G

303

Repeat modally

Am

Dm/A

Am

Em/G

Am

308

Repeat modally

B dim

Em/B

B dim

F/A

B dim

313

Repeat modally

C

C/F

C

G/B

C

318

6 Warm-ups Repeat with similar patterns.  
323 Sing or play, students echo without notation. (Created first by teacher, then student)

Musical notation for exercise 323, showing a sequence of four beat patterns on a treble clef staff. The patterns are: 1) quarter notes G4, A4, B4, C5; 2) quarter notes G4, A4, B4, C5 with a whole rest; 3) quarter notes G4, A4, B4, C5 with a whole rest; 4) quarter notes G4, A4, B4, C5 with a whole rest.

331 Echo these four beat patterns. Repeat with similar patterns.  
Sing or play, students echo without notation. (Created first by teacher, then student)

Musical notation for exercise 331, showing a sequence of four beat patterns on a treble clef staff. The patterns are: 1) quarter notes G4, A4, B4, C5; 2) quarter notes G4, A4, B4, C5 with a whole rest; 3) quarter notes G4, A4, B4, C5 with a whole rest; 4) quarter notes G4, A4, B4, C5 with a whole rest.

339 Echo these four beat patterns. Repeat with similar patterns.  
Sing or play, students echo without notation. (Created first by teacher, then student)

Musical notation for exercise 339, showing a sequence of four beat patterns on a treble clef staff. The patterns are: 1) quarter notes G4, A4, B4, C5; 2) quarter notes G4, A4, B4, C5 with a whole rest; 3) quarter notes G4, A4, B4, C5 with a whole rest; 4) quarter notes G4, A4, B4, C5 with a whole rest.

347 Echo these four beat patterns. Repeat with similar patterns.  
Sing or play, students echo without notation. (Created first by teacher, then student)

Musical notation for exercise 347, showing a sequence of four beat patterns on a treble clef staff. The patterns are: 1) quarter notes G4, A4, B4, C5; 2) quarter notes G4, A4, B4, C5 with a whole rest; 3) quarter notes G4, A4, B4, C5 with a whole rest; 4) quarter notes G4, A4, B4, C5 with a whole rest.

$\text{♩} = 120$  355 Echo these four beat patterns. Repeat with similar patterns.  
Sing or play, students echo without notation. (Created first by teacher, then student)

Musical notation for exercise 355, showing a sequence of four beat patterns on a treble clef staff. The patterns are: 1) quarter notes G4, A4, B4, C5; 2) quarter notes G4, A4, B4, C5 with a whole rest; 3) quarter notes G4, A4, B4, C5 with a whole rest; 4) quarter notes G4, A4, B4, C5 with a whole rest.

363 Echo these four beat patterns. Repeat with similar patterns.  
Sing or play, students echo without notation. (Created first by teacher, then student)

Musical notation for exercise 363, showing a sequence of four beat patterns on a treble clef staff. The patterns are: 1) quarter notes G4, A4, B4, C5; 2) quarter notes G4, A4, B4, C5 with a whole rest; 3) quarter notes G4, A4, B4, C5 with a whole rest; 4) quarter notes G4, A4, B4, C5 with a whole rest.

Musical notation for exercise 371, showing a sequence of eight whole rests on a treble clef staff.

Musical notation for exercise 379, showing a sequence of eight whole rests on a treble clef staff.

Musical notation for exercise 387, showing a sequence of eight whole rests on a treble clef staff.

Harmonic minor (Repeat with natural and melodic)

Warm-ups

395  $\text{♩} = 240$   
Play the scale as written.

399  $\text{♩} = 120$   
Make up new rhythm patterns to apply to the scale.

403  $\text{♩} = 240$   
Start on the first note up an octave and invert the scale.  
(Play descending first (when previously ascending))

407  $\text{♩} = 120$   
Play the scale but create a melodic pattern for each note. Invert the pattern to descend.

411  
Play the scale but create a melodic pattern for each note. Invert the pattern to descend.

415  
Play the scale but create a melodic pattern for each note. Invert the pattern to descend.  
(Not notated)

419  $\text{♩} = 240$   
Play the scale but create a melodic pattern for each note. Change next to last note to leading tone.

427  
Invert the pattern to descend.

435  
Play the exercise as written. Break out of pattern at leading tone.

439  
Play the scale but create a melodic pattern for each note. Invert the pattern to descend.

447  
Play the scale but create a melodic pattern for each note. Invert the pattern to descend.

455  
Play the scale but create a melodic pattern for each note. Invert the pattern to descend.

8 Harmonic minor (Repeat with natural and melodic) Warm-ups

Play the scale but repeat a note between each scale degree.

463

Replace each low note with a triplet (same, then, same, lower; same)

This musical staff shows the harmonic minor scale in G minor (one flat). The notes are G4, A4, Bb4, C5, D5, E5, F#5, G5. The first six notes (G4 to E5) are each followed by a triplet of the same note. The last note (F#5) is followed by a triplet of the same note. The final note (G5) is followed by a triplet of the same note. The key signature has one flat (Bb).

471 Repeat modally

This musical staff is identical to exercise 463, but the instruction is "Repeat modally".

479 Repeat modally

This musical staff is identical to exercise 463, but the instruction is "Repeat modally".

487 Repeat modally

This musical staff is identical to exercise 463, but the instruction is "Repeat modally".

495 Repeat modally

This musical staff is identical to exercise 463, but the instruction is "Repeat modally".

503 Repeat modally

This musical staff is identical to exercise 463, but the instruction is "Repeat modally".

511 Repeat modally

This musical staff is identical to exercise 463, but the instruction is "Repeat modally".

519 Repeat modally

This musical staff is identical to exercise 463, but the instruction is "Repeat modally".



Warm-ups

♩ = 120

527

Musical staff 527: Treble clef, 8 measures of eighth-note patterns with various accidentals.

533

Musical staff 533: Treble clef, 8 measures of eighth-note patterns with various accidentals.

539

Musical staff 539: Treble clef, 8 measures of eighth-note patterns with various accidentals.

545

Musical staff 545: Treble clef, 8 measures of eighth-note patterns with various accidentals.

551

Musical staff 551: Treble clef, 8 measures of eighth-note patterns with various accidentals.

557

Musical staff 557: Treble clef, 8 measures of eighth-note patterns with various accidentals.

563

Musical staff 563: Treble clef, 8 measures of eighth-note patterns with various accidentals.

569

Musical staff 569: Treble clef, 8 measures of eighth-note patterns with various accidentals.

575

Musical staff 575: Treble clef, 8 measures of eighth-note patterns with various accidentals.

581

588

595

599

607

615

623

631

639

647 *M and m2s in context*

662 *m3s in context*

670 *M3s in context*

678 *P4s in context*

686 *+4s in context*

694 *P5s in context*

702 *m6s in context*

708 *M6s in context*

714 *m7s in context*

720 *M7s in context*

725 *P8s in context*

12  
729

Minor Keys  
*M and m2s in context*

Warm-ups

744 m3s in context

752 M3s in context

760 P4s in context

768 +4s in context TT

776 P5s in context

784 m6s in context

790 M6s in context

795 m7s in context

801 M7s in context

806 P8s in context