

Warm-ups for Aural and Composition Training in Band and Orchestra

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Repeat with major, minor, modes, whole-tone, etc.

Repeat starting on different pitches (the 12 chromatic notes)

♩ = 240
4/4 *Play the scale as written.*

5 *Make up new rhythm patterns to apply to the scale.*

9 *Start on the first note up an octave and invert the scale.
(Play descending first (when previously ascending))*

13 *Play the scale but create a melodic pattern for each note. Invert the pattern to descend.*

17 *Play the scale but create a melodic pattern for each note. Invert the pattern to descend.*

21 *Play the scale but create a melodic pattern for each note. Invert the pattern to descend.
(Not notated)*

25 *Play the scale but create a melodic pattern for each note. Change next to last note to leading tone.*

33 *Invert the pattern to descend.*

41 *Play the exercise as written. Break out of pattern at leading tone.*

45 *Play the scale but create a melodic pattern for each note. Invert the pattern to descend.*

53 *Play the scale but create a melodic pattern for each note. Invert the pattern to descend.*

61 *Play the scale but create a melodic pattern for each note. Invert the pattern to descend.*

2
69 Warm-ups

Play the scale but repeat a note between each scale degree

Replace each low note with a triplet (same, then, same, lower, same)

77

Repeat modally

85

Repeat modally

93

Repeat modally

101

Repeat modally

109

Repeat modally

117

Repeat modally

125

Repeat modally

Warm-ups

♩ = 240
133 *Play the scale as written.*

141

♩ = 120
149

153

157

161

165

♩ = 240
169

177

♩ = 120
185

193

4 $\text{♩} = 240$ Warm-ups
201 *Play the scale as written.*

209

217 $\text{♩} = 120$
Repeat replacing each half note with chromatics between every whole step and quarters on each half step.

225

233 $\text{♩} = 240$
Play this previous exercise as written.

241 $\text{♩} = 120$
Repeat with chromatics between every whole step.

249

257

265

Warm-ups

Play these arpeggios as written.

B \flat = 240

E \flat /B \flat

B \flat

F/A

B \flat

273

Play these arpeggios as written.

B \flat

E \flat /B \flat

B \flat

F7/A

B \flat

278

Play these arpeggios as written.

B \flat

E \flat /B \flat

B \flat

F/A

B \flat

283

Repeat modally

Cm

F/C

Cm

Gm/B \flat

Cm

288

Repeat modally

Dm

Gm/D

Dm

Cm

Dm

293

Repeat modally

E \flat

A dim/E \flat

E \flat

B \flat /D

E \flat

298

Repeat modally

F

B \flat /F

F

Cm/E \flat

F

303

Repeat modally

Gm

Cm/G

Gm

Dm/F

Gm

308

Repeat modally

A dim

Dm/A

A dim

E \flat /G

A dim

313

Repeat modally

B \flat

B \flat /E \flat

B \flat

F/A

B \flat

318

6 Warm-ups Repeat with similar patterns.
323 Echo these four beat patterns. Sing or play, students echo without notation. (Created first by teacher, then student)

A musical staff in G major (one sharp) and 4/4 time. It contains four measures of music: 1. Quarter notes G4, A4, B4, C5. 2. Quarter notes C5, B4, A4, G4. 3. Quarter notes G4, A4, B4, C5. 4. Quarter notes C5, B4, A4, G4.

331 Echo these four beat patterns. Repeat with similar patterns.
Sing or play, students echo without notation. (Created first by teacher, then student)

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$\text{♩} = 120$ 355 Echo these four beat patterns. Repeat with similar patterns.
Sing or play, students echo without notation. (Created first by teacher, then student)

A musical staff in G major (one sharp) and 4/4 time. It contains four measures of music: 1. Quarter notes G4, A4, B4, C5. 2. Quarter notes C5, B4, A4, G4. 3. Quarter notes G4, A4, B4, C5. 4. Quarter notes C5, B4, A4, G4.

363 Echo these four beat patterns. Repeat with similar patterns.
Sing or play, students echo without notation. (Created first by teacher, then student)

A musical staff in G major (one sharp) and 4/4 time. It contains four measures of music: 1. Quarter notes G4, A4, B4, C5. 2. Quarter notes C5, B4, A4, G4. 3. Quarter notes G4, A4, B4, C5. 4. Quarter notes C5, B4, A4, G4.

A musical staff in G major (one sharp) and 4/4 time. It contains four measures of music, each consisting of a whole rest.

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A musical staff in G major (one sharp) and 4/4 time. It contains four measures of music, each consisting of a whole rest.

Harmonic minor (Repeat with natural and melodic)

Warm-ups

395 $\text{♩} = 240$ Play the scale as written.

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403 $\text{♩} = 240$ Start on the first note up an octave and invert the scale.
(Play descending first (when previously ascending))

407 $\text{♩} = 120$ Play the scale but create a melodic pattern for each note. Invert the pattern to descend.

411 Play the scale but create a melodic pattern for each note. Invert the pattern to descend.

415 Play the scale but create a melodic pattern for each note. Invert the pattern to descend.
(Not notated)

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Harmonic minor (Repeat with natural and melodic) Warm-ups

Play the scale but repeat a note between each scale degree.

463

Replace each low note with a triplet (same, then, same, lower, same)

471

Repeat modally

479

Repeat modally

487

Repeat modally

495

Repeat modally

503

Repeat modally

511

Repeat modally

519

Repeat modally

Warm-ups

♩ = 120

527

533

539

545

551

557

563

569

575

581

588

595